The Impact of Rehabilitation Carried out Using the Masgutova Neurosensorimotor Reflex Integration Method in Children with Cerebral Palsy on the Results of Brain Stem Auditory Potential Examinations

Wpływ rehabilitacji metodą integracji odruchów neurosensorycznych według Masgutowej u dzieci z porażeniem mózgowym na wyniki badania wywołanych potencjałów słuchowych

Abstract

Background. Rehabilitation therapy in children with neuromotor development disorders can be carried out with the use of various methods.

Objectives. The aim of this study was to determine the efficiency of rehabilitation carried out with the use of the new therapeutic method MNRI® (Masgutova Neurosensorimotor Reflex Integration) in children with cerebral palsy (CP) by objective measurements with a Brainstem Auditory Evoked Potentials (BAEP) examination.

Material and Methods. Besides the known parameters, Interpeak Latency I-V (IPL I-V) in BAEP, an original parameter proposed by Pilecki was introduced, called a relative IPL I-V value. The study involved a group of 17 children (9 girls and 8 boys) aged from 1.3 to 5.9 years (mean = 3.8 years, SD = 1.3) with cerebral palsy. Due to difficulty in co-operation, analysis of only 15 children could be finished.

Results. Analysis of the absolute IPL I-V values showed that after rehabilitation the percentage of the results with slowed transmission, i.e. those in which the IPL I-V value was prolonged, decreased from more than 88% to 60%. The assessment of the relative IPL I-V values showed that the results obtained after rehabilitation are more advantageous.

Conclusions. As a result of rehabilitation carried out by the MNRI® method in children with CP, a significant improvement in the transmission in the brain stem section of the auditory pathway was observed based on the absolute and relative IPL I-V values. However, the change obtained in children was various (Adv Clin Exp Med 2012, 21, 3, 363–371).

Key words: cerebral palsy, rehabilitation, brainstem auditory evoked potentials.

Streszczenie

Wprowadzenie. Rehabilitacja dzieci z zaburzeniami neuromotorycznymi może być przeprowadzana z użyciem różnych metod.

Cel pracy. Ocena wpływu nowoczesnej metody rehabilitacji MNRI® (Masgutova Neurosensorimotor Reflex Integration) u dzieci z porażeniem mózgowym za pomocą obiektywnej metody słuchowych potencjałów wywołanych pnia mózgu (Brainstem Auditory Evoked Potentials – BAEP).

Material i metody. Oprócz znanych parametrów: Interpeak Latency I-V (IPL I-V) zastosowano nowy autorstwa Pileckiego, zwany względniem IPL I-V. Grupa badana obejmowała 17 dzieci (9 dziewczynek i 8 chłopców) w wieku 1,3–5,9 lat (średnia = 3,8 lat, SD = 1,3) z porażeniem mózgowym.
Neurodevelopmental deficits are conditioned to a significant extent by the disorders of the sensomotoric integration mechanisms of the primary reactions and reflex patterns. Rehabilitation therapy in children with neuromotoric development disorders can be carried out according to many methods and patterns, such as the Vojta, Doman-Delacato, Bobath, Wroclaw Improvement Model, Castillo Morales method and others [1–5].

In the presented studies the authors used the therapeutic program "Neurosensorimotor Reflex Integration" of the MNRI® (Masgutova Neurosensorimotor Reflex Integration), which contains a diagnostic component and therapeutic procedures [6–11].

The basic point of the presented program is to support children’s neurostructural and physiological development while simultaneously securing the defense mechanisms and neurodevelopment. This study is based on the concept of the re-patterning and restoring of development and maturation of primary motor reflex patterns. The MNRI program develops the concept of reflex integration instead of the reflex inhibition and extinction strategy. It is based on the concept of L. Vygotsky (Wygotski) and J. Piaget about the role of the child’s primary motor function in the development of higher mental functions [12, 13].

The primary task of the therapeutic-rehabilitation procedures of the MNRI® program is neurosensorimotor correction of the improper reflex patterns. The program includes the techniques and movement activities known by the name of "re-patterning" (imitating and pattern correction) and relies on the repetition of the dynamic and postural reflex pattern in order to stimulate the natural inborn mechanisms of brain neuroplasticity [6, 14].

To achieve the best possible outcome in children with diagnosed CNS damage or in children in danger of such damage, both early recognition of the damage and rapid introduction of the most effective form of rehabilitation are necessary.

Assessment of the clinical condition of patients with neurodevelopmental deficits and other neurological disorders is usually carried out based on reflex examination. These methods, due to the large contribution of the human factor, are not entirely objective, since their result is to a large extent dependent on the skills of the person performing the assessment. Furthermore, there is practically no method that is widely used, which makes it difficult to compare results obtained by different researchers in different laboratories.

Moreover, the psychological attitude of the researcher, expecting to obtain a particular result, may increase the subjectivity of assessment [15, 16].

It would be very useful for the development of various programs and methods used in therapy of children with neurodevelopmental deficits and neurological disorders to develop a method which increases the objectivity of the assessment of the clinical condition of patients and of the effectiveness of the rehabilitation performed.

One of the courses of action aimed at increasing such objectivity could be to apply the method of evoked potentials.

This examination relies on the registration of an excitation wave appearing in the sensory pathways of the central nervous system as a result of the activation of the appropriate receptor of adequate stimulus. The most commonly used forms are examinations of Brainstem Auditory Evoked Potentials (BAEP) and Visual Evoked Potentials (VEP) [17].

The result of the examination is independent of the patient’s will, of his state of consciousness, and is given as numerical values, which accounts for its repeatability and objectivity.

The evoked potentials method, including Brainstem Auditory Evoked Potentials, both for assessment of the clinical condition and for prognostic assessment has been used by many researchers. Such studies were presented by, among others, Majnemer, Jiang Ze Dong and Pilecki. Descriptions concerned children with cerebral palsy (CP), Down syndrome, and those burdened with the risk of perinatal central nervous system damage [18–21].

Although the EP method only directly evaluates the selected brain area, due to the fact that developmental deficits are the result of damage that are usually generalized in nature (not limited to specific structures, although some of these structures are particularly sensitive), the authors can expect that the changes observed in the area they can investi-
gate using the EP method can be analogous to the areas inaccessible for this examination [23, 24].

This method of description of the results and analysis of the patient condition was defined by Pilecki as indirect assessment [24].

One parameter which is particularly useful in the assessment of children with a variety of defects, disorders and neurodevelopmental deficits is the Interpeak Latency I-V (IPL I-V) described in the examination of the Brainstem Auditory Evoked Potentials (BAEP). The result obtained directly points at the transmission efficiency in the brain stem part of the auditory pathway and specifies the time (given in milliseconds) that elapses between the excitation of structures related to the electrogensis of peak I (i.e. the auditory nerve), and the inferior colliculi of the mesencephalon (electrogenesis of peak V). At the same time, this result, by way of an indirect assessment, allows us to predict with high probability the efficiency of transmission in other brain areas, including motor pathways, and thus also on the range of motor function [25].

Although the absolute (given in milliseconds) IPL I-V value is a widely accepted parameter, it has a significant disadvantage resulting from the fact that due to conditions of physiology in the first year of a child’s life, it is not constant and it is shortened from about 5.10 ms in the first week of life to approximately 4.05 ms after 12 months of age. For this reason, the statistical analysis of results obtained in this age group, especially when the age of respondents is various (which causes this parameter to be of high physiological changeability), has a very high standard deviation value. As a result, almost every result within the limits of two standard deviations (2 SD), resulting from normal distribution of the feature, fits in the range of standard, even if it does not exist in practice. Such a high SD value also makes it difficult to compare groups, (e.g. the control group with the study group or two study groups with each other) because the statistical analysis shows no differences even when the mean values are very divergent.

To reduce this inconvenience in current analysis, besides the widely used parameter IPL I-V values in milliseconds, the authors added an original parameter, proposed by Pilecki, that has been called the relative IPL I-V value, in contrast to the previous one, which is called the absolute IPL I-V value. This parameter was developed based on the analysis of the examination results of 411 children in adjusted age from –8 to +78 weeks to give the mean values for age groups in different weeks of life and standard deviation quantity, which was calculated at 0.1 ms. A new parameter was defined as the quantity (a dimensionless number) that indicates by how many standard deviations the examination result deviates from the mean value, predicted for each age group [25].

The benefit of this new parameter is important both in assessing individual children examined several times, because it allows us to state the degree of change in subsequent studies, as well as in statistical assessment of the groups of examined children at different ages.

The aim of this study was to determine the efficacy of rehabilitation carried out with the use of the MNRI® method in children with cerebral palsy using objective measurements taken using the BAEP examination. The analyzed parameters were the absolute and relative IPL I-V value.

### Material and Methods

The study involved a group of 17 children (9 girls and 8 boys) aged from 1.3 to 5.9 years (mean = 3.8 years, SD = 1.3) with cerebral palsy (CP) caused by various factors. Due to the very diverse nature of the experimental group, both when it comes to the etiology of disorders as well as to the clinical condition of the patients, and considering that the study is to demonstrate the effectiveness of the impact of the rehabilitation carried out, the authors do not give a full clinical description of individual children, as each case would require a separate discussion.

The scheme of the studies performed consisted of three points, carried out in one continuous session, lasting about 1 hour:

1. Initial BAEP examination.
2. Neuromotor rehabilitation according to MNRI®.
3. Control BAEP examination.

The BAEP examination was performed by a stimulus in the form of a click at an intensity of 70 dB given with a frequency of 10 Hz. The right- and left-sided responses were analyzed separately.

The authors analyzed the IPL I-V parameter in the results of the brain stem auditory potentials examinations performed in children prior to and after the rehabilitation. Due to difficulty in cooperation, technically correct control examinations (without disruptions) could only be carried out in 15 children. Part of the statistical analysis was therefore carried out for a 17-person group, while the other part was for a group of 15 people.

Selecting the IPL parameter for description results from the fact that this parameter is and has been used by many researchers as an indirect assessment of CNS integrity. A new feature in the presented study is the use of the original relative
Rehabilitation was a modification of the typical therapeutic process and consisted of 6 consecutive exercises that were chosen in such a way to affect the various body functions and mobilize individual motor functions. The exercises were repeated six times. In the case of exercises performed for each body part separately (e.g. for the limbs), they were first done on the right side \cite{7, 8, 10}. The duration of the exercises were modified to last about 35 minutes, while they usually last about 60 minutes. This change resulted from the need to finish the complete examination within 1 hour and was forced for technical reasons. Rehabilitation consisted of the following exercises from the MNRI® program:

1. Foot tendon guard reflex (automatic dorsal foot flexion reflex);
2. Hand supporting reflex (parachute reflex);
3. Leg cross flexion-extension reflex;
4. Galant reflex;
5. Asymmetric tonic neck reflex;
6. Reflex diaphragm mobilization.

The results were presented multilaterally using:

1. The comparison of the results in the scope of the absolute IPL I-V values obtained prior to rehabilitation with the results of the control group.
2. The comparison of the results in the scope of the absolute IPL I-V values obtained prior to and after rehabilitation.
3. The comparison of the results in regard to the relative IPL I-V values obtained prior to and after rehabilitation.

The statistical analysis used the Student’s t-test for pairs and the Wilcoxon test.

**Results**

The present study has been focused on the assessment of one of the features described in the BAEP examinations, namely the IPL I-V value, which indicates the efficiency of transmissions in the brain stem segment of the auditory pathway.

Aside from the generally accepted parameter, i.e. the interpeak latency I-V assessed in milliseconds, which in further analysis is defined as the absolute IPL I-V value, the assessment also included the original parameter, developed by Pilecki, of the relative IPL I-V value.

**Analysis of Absolute IPL I-V Values**

**Assessment of the Frequency of Disorders**

The basic assessment included the frequency with which the study results observed in the experimental group deviated from the results of the control group and from the standard determined for authors’ laboratory. All results of the control group were in the range of the standard determined in authors’ laboratory, which falls between the 3.85 ms and 4.25 ms.

In the experimental group, the number of the evaluated results in each round was different, because in 2 children (i.e. in 4 responses, separately for each side), the technically correct results were registered only prior to the rehabilitation (the results obtained after the rehabilitation were, due to the child’s anxiety, not possible to evaluate and were not included in the analysis). The results of these analyses are presented in Table 1.

<table>
<thead>
<tr>
<th>The assessment of the IPL I-V value (Ocena wartości IPL I-V)</th>
<th>Experimental group (Grupa badana)</th>
<th>Control group (Grupa kontrolna)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prior to rehabilitation</td>
<td>After rehabilitation</td>
<td></td>
</tr>
<tr>
<td>Proper (Prawidłowa)</td>
<td>4 (11.8%)</td>
<td>10 (33.3%)</td>
</tr>
<tr>
<td>Extended (Wydłużona)</td>
<td>30 (88.2%)</td>
<td>18 (60.0%)</td>
</tr>
<tr>
<td>Shortened (Skrócona)</td>
<td>0</td>
<td>2 (6.7%)</td>
</tr>
<tr>
<td>60 results (17 children)</td>
<td>60 results (30 children)</td>
<td></td>
</tr>
</tbody>
</table>
The data presented in Table 1 indicates that, under the influence of rehabilitation, the percentage of results with slowed transmission, i.e. those in which the IPL I-V value was elongated, decreased from more than 88% to 60%. At the same time, the percentage of correct results increased from 12% to 33%. In 2 cases, after rehabilitation, the IPL I-V value proved to be even better than the laboratory standard.

Assessment of Absolute IPL I-V Value

In studies published by other authors, when describing the IPL I-V parameter, the result is shown in milliseconds and determines the time required by the excitation wave to pass the route from the auditory nerve (regarded as a structure related to the 1st segment) to the inferior colliculi of the mesencephalon (responsible for the electrogenesis of the V segment).

In an earlier study, Pilecki proposed a new way of describing this parameter, defined as the relative value of IPL I-V, and to clarify which method of description is presented, he identified the current method used for the description as the absolute IPL I-V (absolute IPL I-V).

The comparison of the examination results in the scope of the absolute IPL I-V values is presented in Table 2. The data presented in Table 2 indicates that in children from the experimental group, both the mean IPL I-V values and in terms of standard deviation, deviate to a large extent from the results of the control group. In the experimental group, these values were significantly higher both for the right- and left-sided responses; these differences were respectively 1.24 ms and 1.09 ms. The differences were statistically significant at the level of p < 0.001.

The intensification of the disorder may be testified by the fact that the average value of the IPL I-V in the experimental group, whose average age was 3.8 years, was higher (i.e. worse) than in full-term newborns. At the same time, the dispersion of the results was enormous – from normal values to the results exceeding the average value of the control group and the standard of authors’ laboratory by about 50 standard deviations. The complete results in this regard are presented in Table 2.

Comparison of the Results Obtained Prior and After Rehabilitation

In order to prove that the rehabilitation improves the transmission efficiency in the auditory path, the results of examinations prior to and after the cycle of therapeutic exercises were compared.

As can be seen in Table 3, the mean values decreased after the rehabilitation; prior to rehabilitation they amounted to, for the right and left side respectively, 5.29 ms and 5.14 ms, and after rehabilitation, 4.84 ms and 4.82 ms. The statistical

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| Table 2. Comparison of the absolute IPL I-V values in the experimental group prior to the rehabilitation with the control group |
|--------------------------------------------------|--------------------------------------------------|--------------------------------------------------|--------------------------------------------------|
| Absolute IPL I-V value                           | Experimental group prior to the rehabilitation (Grupa badana przed rehabilitacją) | Control group (Grupa kontrolna)                  |
| (Bez względna wartość IPL I-V)                   | right-sided responses – ms                       | right-sided responses – ms                        |
| mean (Średnia)                                    | left-sided responses – ms                        | left-sided responses – ms                        |
| SD                                                | 5.29                                              | 4.05                                              |
| Min.                                              | 4.24                                              | 0.10                                              |
| Max.                                              | 9.20                                              | 4.23                                              |

**Table 3. Comparison of the absolute IPL I-V value in children prior to and after the rehabilitation**

<table>
<thead>
<tr>
<th>Absolute IPL I-V value</th>
<th>Prior to rehabilitation (Przed rehabilitacją)</th>
<th>After rehabilitation (Po rehabilitacji)</th>
</tr>
</thead>
<tbody>
<tr>
<td>(Bez względna wartość IPL I-V)</td>
<td>right-sided responses – ms</td>
<td>right-sided responses – ms</td>
</tr>
<tr>
<td>mean (Średnia)</td>
<td>left-sided responses – ms</td>
<td>left-sided responses – ms</td>
</tr>
<tr>
<td>SD</td>
<td>5.29</td>
<td>4.84</td>
</tr>
<tr>
<td>Min.</td>
<td>4.24</td>
<td>3.76</td>
</tr>
<tr>
<td>Max.</td>
<td>9.20</td>
<td>8.96</td>
</tr>
</tbody>
</table>
analysis has shown that the differences were significant because, using the Wilcoxon test for the right-sided responses, \( p = 0.001 \) and for left-sided responses, \( p = 0.004 \), and using the Student’s t-test for pairs, the p-value for the respective sides was 0.001 and 0.002.

The data presented in Table 3 also indicates that the variation of results was very high in studies carried out both prior to and after the rehabilitation. Prior to the rehabilitation, the values ranged from 4.24 ms to 9.20 ms for the right-sided responses and from 4.16 to 8.40 for the left-sided responses. After the rehabilitation, the values ranged from 3.76 ms to 8.96 ms for the right-sided responses and from 3.84 to 8.24 for the left-sided responses. As the authors can see, the values decreased, which should be understood as the improvement of the transmission efficiency of the brain stem segment of the auditory pathway section, for each side, both with regard to the minimum and maximum values.

It has been found that, for the responses obtained from each side of the brain, the mean absolute value after rehabilitation was performed decreased by 0.45 ms (for the right side) and by 0.32 ms (for the left side).

**Assessment of Relative IPL I-V Values**

Additional information, important due to the fact that it is clear for both every researcher and every physician (not only those dealing with the research of evoked potentials), is delivered by the data presented in the form of the relative IPL I-V value.

The results indicating the severity of deviations from the standard are most apparent when the authors present them as a relative IPL I-V value. Since in most studies, one assumes for parameters whose distribution is normal, within normal standards the results deviate by \( \pm 2 \) SD from the standard, that is the values above and below compared to the mean. (\( \pm 3 \) SD are recognized as a wide standard.)

In the analyzed group, the following results were found in the range of the relative IPL I-V value. Also the average values were very high, as they were 12.4 for the right-sided responses and of 10.9 for the left-sided responses in the studies prior to the rehabilitation (Table 4). Although the results obtained after the rehabilitation are much more advantageous, since they are 7.9 for the right-sided and 7.7 for the left-sided responses, they still remain very high. At the same time, the observed improvement was also huge, because it amounted 4.5 for the right-sided, and 3.2 for the left-sided responses.

The above data relates to mean values for the entire group. The analyses have not presented concrete results obtained in individual children in subsequent studies, but it is worth pointing out that the outcome of the rehabilitation in individual children varied widely.

The biggest improvement in the relative value of IPL I-V after MNRI® rehabilitation was 15.2 units. In this child, prior to rehabilitation the relative value was 14.7 and after rehabilitation, –0.5, meaning that in the analyzed case, the primary delay compared to the standard, which was 14.7 standard deviations was normalized, because the result was even better than the standard of 0.5 standard deviation.

At the same time, beside the spectacular improvement, in some children the result was only slightly improved, and in 2 cases there was a slight deterioration of the results (by 0.2 and 0.8 SD).

**Discussion**

In the present study, the authors analyzed the impact of one diagnostic and rehabilitative method on the results of a BAEP examination, and more specifically on efficiency (speed) of the transmission of excitation in the selected area of the brain stem. Demonstration of improvement shows that the MNRI® method is very effective in this range.

<table>
<thead>
<tr>
<th>Relative IPL I-V value (Względna wartość IPL I-V)</th>
<th>Prior to rehabilitation (Przed rehabilitacją)</th>
<th>After rehabilitation (Po rehabilitacji)</th>
</tr>
</thead>
<tbody>
<tr>
<td>right-sided responses</td>
<td>left-sided responses</td>
<td>right-sided responses</td>
</tr>
<tr>
<td>Mean (Średnia)</td>
<td>12.4</td>
<td>7.9</td>
</tr>
<tr>
<td>SD</td>
<td>14.0</td>
<td>14.1</td>
</tr>
<tr>
<td>Min.</td>
<td>1.9</td>
<td>–2.9</td>
</tr>
<tr>
<td>Max.</td>
<td>51.5</td>
<td>49.1</td>
</tr>
<tr>
<td></td>
<td></td>
<td>41.9</td>
</tr>
</tbody>
</table>

**Table 4.** Comparison of the relative IPL I-V value in children prior to and after the rehabilitation

**Tabela 4.** Porównanie wartości względnych IPL I-V u dzieci przed rehabilitacją oraz po rehabilitacji
The question, if the improvement observed in the auditory pathway is reflected in the improvement of mobility, which is clinically essential, remains open. Such a possibility has been pointed out by many authors, who have emphasized that examination of brain stem auditory potentials is of great prognostic importance when it comes to children’s motor development [22, 24, 26–29].

Such a possibility was pointed out by Pilecki, who showed that there is a close relationship between mobility and the IPL I-V parameter [24]. Pilecki described drawing conclusions concerning mobility based on the results of BAEP examinations of brain stem auditory potentials "indirect diagnosis" [21]. Although the term is of his authorship, the rule which he applied is widely accepted both in terms of mobility and prognostic range [26, 29].

Another argument for the use of so-called indirect assessment is the research results presented by Pilecki, who showed that in healthy children, during development, obtaining the ability of independent walking is associated with a certain transmission speed in the brain stem auditory pathway segment of the child. As demonstrated by this author, it is not a coincidental time convergence of two processes occurring at one time, but the relationship is more precise. In children with slowed brain stem transmission, which is manifested by elongation of interpeak latency I-V, the development of the ability of independent walking is also delayed, and the child starts walking when the IPL I-V value decreases to about 4.25 ms [24].

The above analysis shows that the outcome of the rehabilitation obtained in individual children was variable. These results should not be surprising, as the study concerned a clinically diverse group with various severities of clinical disorders and of different etiology of cerebral palsy syndrome (CP).

The great improvement in examination results obtained after rehabilitation using the MNRI® method, depending on the chosen statistical test p-value, ranged from 0.001 to 0.004.

It can be assumed that the cause of the improvement in the examination results was the rehabilitation using the MNRI® method, because only this factor had changed and the other examination conditions in both rounds of the study were constant.

Although the above results clearly show an improvement in the efficiency of transmission in the brain stem segment of the auditory pathway directly after rehabilitation was performed, the question of the sustainability of this process remains open. Authors’ own observations suggest that the improvement observed directly after rehabilita-

tion is not durable, because in one of the children, whose examination was interrupted and then resumed due to technical reasons, it was found that initially there was very significant improvement, but when the examination was finished after about half an hour, the result was again analogous to the one obtained prior to the rehabilitation. This observation in no way undermines the effectiveness of the rehabilitation and only indicates that improvement is possible and regularly performed exercises should cause sustainable improvement of the BAEP results and, more importantly, improvement of the clinical condition of the rehabilitated children.

For doctors who do not deal with evoked potential examinations every day, the understanding of the intensification of changes in the results can be difficult, when the authors give the results for which the standards are not widely known. By using the parameter of the relative IPL I-V value, which indicates by how many quantities of SD the obtained result deviates from the mean determined for the healthy population, the average physician is able to determine the intensification of abnormalities.

Using this approach, the results obtained in the experimental group are interesting because in both groups, rIPL I-V (IPL I-V relative) values reach even the value of about 50. That is, they differ from the mean determined for healthy children by up to 50 SD. Analysis in this regard will be carried out, because the children presented in this study are under constant control and the further studies are being conducted. After collecting a numerically larger group, the results will be published.

Using the equipment capabilities and the professional knowledge of the employees of the Chair of Pathophysiology of the Wroclaw Medical University, the authors can believe that in the future, attempts will be made for further analysis (e.g. based on wavelet analysis or a single responses), allowing doctors to obtain broader information about the results using sophisticated mathematical algorithms [30].

The authors have concluded that, as a result of the rehabilitation carried out using the MNRI® method in children with CP (cerebral palsy), a significant improvement has occurred in the transmission in the brain stem section of the auditory pathway observed based on the absolute and relative IPL I-V value. The change obtained in each child was various. It can be expected that the changes in the BAEP results reflect changes in other areas of the brain, including motor pathways lying in direct proximity to the brain stem segment of the auditory pathway.
References


